

SOUTH WEST SPORT with the Corangamite Shire

invite you to attend the

BE WELL BREAKFAST

FRIDAY 23rd FEBRUARY 2018 • 7:15am – 8:30am

A community breakfast aimed at empowering women in sport
and supporting healthy communities.

GUEST SPEAKERS

Hear from locals on their sporting and health journeys including:-

- PENNY SMITH

VIS Athlete -Elite Shooter
SW Academy of Sport Coach



- DONNA ELLIS

Former Footballer and current Girls
Football Manager & parkrun Organiser



featuring the Release of the “Eat Well, Move Well, Be Well Video”

VENUE

Timboon Hall
57 Bailey Street
Timboon 3268

BOOKINGS

Individual tickets \$15
Book via trybooking:
www.trybooking.com/TXJI

MORE INFORMATION

www.southwestsport.com.au
Follow the links to Be Well
Breakfast Or call Judi or Mark
on (03) 5561 1689

#changeourgame

Recognising and Celebrating Women in Sport

#eatwellmovewellbewell

**CHANGE
OUR
GAME**

